



**HOT AND HEARTY  
FAVORITES!**



FRENCH TOAST STICKS WITH TOPPINGS



EGG & CHEESE OMELET ON AN  
ENGLISH MUFFIN



FRESH BAKED CINNAMON ROLLS



CHEESY SCRAMBLED EGG SKILLET

# JANUARY 2025 - U-46 MIDDLE & HIGH SCHOOL BREAKFAST MENU

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

# WELCOME BACK TO SCHOOL!

6

GLAZED  
DONUT  
OR

EGG & CHEESE OMELET  
ON AN ENGLISH MUFFIN  
FRUIT JUICE MILK

7

PANCAKES  
WITH TOPPINGS  
OR

SAUSAGE AND GRAVY  
BREAKFAST PIZZA  
FRUIT JUICE MILK

8

EGG AND CHEESE  
BISCUIT SANDWICH  
OR

FRESH BAKED  
CINNAMON ROLL  
FRUIT JUICE MILK

9

FRUIT AND YOGURT  
PARFAIT  
OR

EGG, HAM & CHEESE  
ON A CROISSANT  
FRUIT JUICE MILK

10

EGG & CHEESE OMELET  
WITH TATOR TOTS  
OR

GRAB 'N GO  
ITEM  
FRUIT JUICE MILK

13

CONFETTI PANCAKES  
WITH WHIPPED TOPPING  
OR

EGG & CHEESE OMELET  
ON AN ENGLISH MUFFIN  
FRUIT JUICE MILK

14

DUTCH WAFFLE  
WITH TOPPINGS  
OR

SAUSAGE AND GRAVY  
BREAKFAST PIZZA  
FRUIT JUICE MILK

15

SAUSAGE AND CHEESE  
BAGEL SANDWICH  
OR

ICED DONUT  
RING  
FRUIT JUICE MILK

16

FRESH BAKED  
CINNAMON ROLL  
OR

EGG & CHEESE  
BISCUIT SANDWICH  
FRUIT JUICE MILK

17

EGG AND CHEESE  
BREAKFAST TACOS  
OR

GRAB 'N GO  
ITEM  
FRUIT JUICE MILK

NO SCHOOL 20



21

FRENCH TOAST STICKS  
WITH TOPPINGS  
OR

SAUSAGE AND GRAVY  
BREAKFAST PIZZA  
FRUIT JUICE MILK

22

EGG AND CHEESE  
BAGEL SANDWICH  
OR

FRESH BAKED  
CINNAMON ROLL  
FRUIT JUICE MILK

23

TURKEY SAUSAGE  
BREAKFAST PIZZA  
OR

ICED DONUT  
RING  
FRUIT JUICE MILK

24

COUNTRY STYLE  
BREAKFAST SKILLET  
OR

GRAB 'N GO  
ITEM  
FRUIT JUICE MILK

27

GLAZED  
DONUT  
OR

EGG & CHEESE OMELET  
ON AN ENGLISH MUFFIN  
FRUIT JUICE MILK

28

PANCAKES  
WITH TOPPINGS  
OR

SAUSAGE & GRAVY  
BREAKFAST PIZZA  
FRUIT JUICE MILK

29

EGG AND CHEESE  
BISCUIT SANDWICH  
OR

FRESH BAKED  
CINNAMON ROLL  
FRUIT JUICE MILK

30

FRUIT AND YOGURT  
PARFAIT  
OR

EGG, HAM & CHEESE  
ON A CROISSANT  
FRUIT JUICE MILK

NO SCHOOL 31

